



Do you have a desire to better understand yourself and discover more fully who God has created you to be?
As we dive into the narratives of our lives, we begin to recognize how our experiences have shaped us,
finding healing and hope in the remarkable story that God is authoring through us.

Why story groups?

> Our stories become clearer and more meaningful when shared within a supportive and encouraging community, and that's precisely what this group will offer. Trauma happens in isolation and creates fragmentation. Healing brings integration and happens in community.

Here are the essential details:

- > Start Date: TBD winter 2025
- > Time: Tuesday evenings, 7-9 pm EST
- > Location/Format: Online

The combined cost for all seven sessions is \$399.

I encourage you to consider this as an invitation to delve deeper into your unique story that calls you to be your most authentic self.

With warmth and anticipation,

Erin McCaskill

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