



# Allender Center

## AT THE SEATTLE SCHOOL

### Story Group Application

Thank you so much for your interest in the Story Group I am leading as part of my capstone project for the facilitator training I have completed with The Allender Center.

I am excited to offer this space for processing the past and opening up new ways of engaging the future. From personal experience, I know both how impactful this work is and that it can be vulnerable and complex. In order for me to gather a group that can create a safe and nurturing space together, I want to invite you to tell me a little bit more about yourself. Please fill out the questions below to whatever level you feel comfortable. I will be reaching out to check-in with you shortly!

Full name (Feel free to include preferred pronouns) \*

Email \*

Phone number \*

Address (Street, city, state, zip code) \*

Age

What is your hope in joining this group?

Have you had any previous exposure to storywork? (read books by Dan Allender, listened to podcasts like, "The Place We Find Ourselves," etc.) This is not a prerequisite.

Have you had previous opportunities to reflect on your own story? (For example, in a small group, with a friend/ spouse, with a therapist or at an Allender Center event? This is not a prerequisite.)

Are you currently under the care of a therapist, coach or spiritual director?

Is there anything in particular you would want me to know about your own work of healing and personal transformation?

How supported and cared for do you feel by the people in your life during this season?

Would you be available to attend every weekly session? If not, please circle the date and explain. Tuesdays 7-9pm EST

January 21

January 28

February 4

February 11

February 18

February 25

March 4

Please let me know any concerns or questions you have about this group!

Erin@storyworkcoaching.org